

POSITION TITLE: Fitness Consultant- Full Time and Part Time Positions

POSITION DESCRIPTION:

- Supervise and ensure proper use of all fitness equipment and area
- Provide excellent customer service
- Provide orientations to equipment suitable to members' needs
- Provide current, safe and reliable Health & Wellness information to members
- Conduct fitness appraisals (certification required)
- Light cleaning and basic maintenance of fitness equipment
- Ensure tidiness and cleanliness of Fitness Centre
- Respond to emergency and first aid situations
- Assist in promotion of new programs/classes and events of facility
- May have to aid in gymnasium and multi-purpose room set up at times
- Assist group exercise and program instructors with set up needs if required
- Assist with set up/ clean-up of special events if required

WORK TERM:

- Full time and part time positions available
- Variable shifts including evenings and weekends

QUALIFICATIONS/ SKILLS REQUIRED:

- Minimum of 2nd year BKin completed or Exercise Science Diploma (Certified Personal Trainer)
 - Current Standard First Aid/CPR/AED
 - AFLCA/Can-Fit-Pro Certification in Group Exercise, Older Adult or Resistance Training would be an asset
 - CFC or PFLC Certification would be an asset
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CLOSING DATE: open until a suitable candidate is found

TO APPLY, EMAIL YOUR RESUME TO:

work@westsiderec.com

Interviews may commence prior to the closing date

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted. Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks.