

westside

A place to play....and work!



Westside Recreation Centre

2000-69 Street SW, Calgary, Alberta

work@westsiderec.com

POSITION TITLE: Youth Wellness Fitness Leader

POSITION DESCRIPTION:

This position will be responsible for the hands on monitoring of our youth wellness area and the positive interaction and mentoring of our youth members. An important aspect of the position is to create a welcoming atmosphere and a sense of community for all youth members.

- Provide direct supervision of all youth who enter the Youth Wellness Centre
- Provide youth orientations so that youth can safely and positively access the Youth Wellness Centre
- Manage the safety of the Youth Wellness Centre and all participants
- Instruct youth on proper form and use of fitness equipment
- Coordinate fun fitness challenges for youth (both spontaneous and pre-planned)
- Lead group fitness classes
- Opportunity for personal training
- Maintain cleanliness of youth area and equipment

WORK TERM:

- Shifts available Monday- Friday evenings
- One weekend shift required

QUALIFICATIONS/ SKILLS REQUIRED:

- Minimum of 2nd year BKin completed or Exercise Science Diploma (Certified Personal Trainer)
- Standard First Aid/CPR/AED
- Minimum of 1 year experience working and/or volunteering with youth between the ages of 10-17
- Leadership skills
- Ability to comfortably interact and involve youth in physical activities
- Excellent communication and empathy with youth
- Fitness leader certifications

CLOSING DATE: open until a suitable candidate has been found

TO APPLY, EMAIL YOUR RESUME TO: work@westsiderec.com

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted. Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks.