

## **Westside Expectations for Support Workers / Aides**

Westside welcomes participants with disabilities. We will work together with support workers/aides to ensure inclusion in programs, special events and camps.

If an Aide is utilized by a participant in school or other settings, a Support Worker/Aide will be required for all Westside programming. It is the responsibility of the participant's parent/guardian to arrange for and provide their participant's Aide. There are no admission or registration fees for Aides to attend programs or services with a registered participant.

The following are Aide expectations while visiting Westside:

## 1. Aides must remain with the participant they are supporting at all times. For example:

- If the program involves swimming, the Aide must swim alongside the participant being supported and be prepared to provide assistance in the water to the degree required.
- If someone is receiving 'fading support' to increase independence, the Aide may not need to be immediately beside the participant at all times, but should be engaged and participating in the program and in the same space as the participant (not sitting on the sidelines).
- Aides should be proactive in cueing, prompting, demonstrating, and stepping in when they see signs of need or behavioral change in their participant.

## 2. Aides are responsible for supporting the participant and maintaining appropriate boundaries within the program, including:

Aides	Westside Staff
<ul> <li>Responsibilities &amp; Boundaries:         <ul> <li>Assist and support the participant they are aiding</li> <li>Find and apply modifications for the activities to suit their participant</li> <li>Suggest strategies and ways to promote their participant's engagement in the program</li> <li>Aides may not supervise, instruct or assist other program participants</li> </ul> </li> </ul>	Responsibilities & Boundaries:  • Lead the program/camp  • Facilitate participation for all participants  • Ensure group safety
Aides should introduce themselves to program staff     Communicate any important needs or concerns to Westside     Facilitate peer-to-peer relationships for their participant	Provide program schedule and details     Provide information on Westside policies & procedures



- 3. Aides are expected to arrive prepared for the program and follow all Westside program & facility rules / procedures.
- Aides are expected to participate in all activities.
- Appropriate clothing and footwear is needed for active participation, so aides should come prepared. High heels, dress shoes, boots, short skirts, etc. do not work in a program setting.
   Aides should bring swimwear and a towel for pool activities.
- Aides are requested not to use a cell phone/mobile device during program time.

Should you have any questions, please contact the program supervisor.