

POSITION TITLE: Fitness Consultant

WHO IS WESTSIDE:

Westside Recreation Centre is a world-class facility based on a lifestyle and wellness concept. Since 2000, we have been providing families with a fun, healthy and affordable environment with world class activities, including a hockey and skating facility, fitness centre, gymnasium and an aquatic park.

BENEFITS OF BEING AT WESTSIDE:

- Competitive wages & benefits
 - Use of Recreation Facility
 - Close proximity to West LRT line
 - Scholarship Opportunities
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POSITION DESCRIPTION:

- Complete Fitness Centre opening duties
- Supervise and ensure proper use of all fitness equipment and area
- Conduct fitness appraisals (certification required)
- Provide orientations to equipment suitable to members' needs
- Provide current, safe and reliable Health & Wellness information to members
- Provide excellent customer service
- Light cleaning and basic maintenance of fitness equipment
- Respond to emergency and first aid situations
- Assist in promotion of new programs/classes and events of facility
- Assist with gymnasium, multi-purpose room and special event set up if required
- Assist group exercise and program instructors with set up needs if required
- Complete administrative tasks as assigned

WORK TERM:

- Full-time position (40 hours per week)
- Monday to Friday opening shift

QUALIFICATIONS/ SKILLS REQUIRED:

- Completed BKin Degree or Exercise Science Diploma (Required)
 - Current Standard First Aid/CPR/AED Certification
 - AFLCA/Can-Fit-Pro Certification in Group Exercise, Older Adult or Resistance Training would be an asset
 - CFC or PFLC Certification would be an asset
 - Administrative and mechanical experience would be an asset
 - Previous work experience in the fitness industry would be an asset
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CLOSING DATE: open until a suitable candidate is found

TO APPLY, EMAIL YOUR RESUME TO: work@westsiderec.com

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted. Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks.