

## **Fitness Consultant – Full-time and Part-time**

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### **Who is Westside:**

Westside Recreation Centre is a world-class facility based on a lifestyle and wellness concept. Since 2000, we have been providing families with a fun, healthy and affordable environment with world class activities, including a hockey and skating facility, fitness centre, gymnasium and an aquatic park.

### **Benefits of Being at Westside:**

- Competitive wages & benefits
  - Use of Recreation Facility
  - Close proximity to West LRT line
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### **Position Description:**

- Supervise and ensure proper use of all fitness equipment and area
- Provide excellent customer service
- Provide orientations to equipment suitable to members' needs
- Provide Youth Wellness Centre orientations
- Provide current, safe and reliable Health & Wellness information to members
- Conduct fitness appraisals (certification required)
- Light cleaning and basic maintenance of fitness equipment
- Respond to emergency and first aid situations
- Assist in promotion of new programs/classes and events of facility
- Assist with set up/clean-up of gymnasium, multi-purpose rooms and special events
- Assist group exercise and program instructors with set up needs if required

### **Work Term:**

- Full-time and Part-time positions available
- Daytime, Evenings and weekends

### **Qualifications/Skills Required:**

- Minimum of 2<sup>nd</sup> year BKin completed or Exercise Science Diploma (Certified Personal Trainer)
  - Current Standard First Aid/CPR/AED Certification
  - AFLCA/Can-Fit-Pro Certification in Group Exercise, Older Adult or Resistance Training would be an asset
  - CFC or PFLC Certification would be an asset
  - Proof of vaccination required
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**Closing Date:** *Open until a suitable candidate has been found*

**Apply by email:** [work@westsiderec.com](mailto:work@westsiderec.com)

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted.

Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks. This position has been deemed to be safety sensitive and is subject to post-incident drug and alcohol testing.