

POSITION TITLE: Fitness Consultant, Part Time

WHO IS WESTSIDE:

Westside Recreation Centre is a world-class facility based on a lifestyle and wellness concept. Since 2000, we have been providing families with a fun, healthy and affordable environment with world class activities, including a hockey and skating facility, fitness centre, gymnasium and an aquatic park.

POSITION DESCRIPTION:

- Complete Fitness Centre opening and closing duties
- Supervise and ensure proper use of all fitness equipment and area
- Conduct fitness appraisals (certification required)
- Provide orientations to equipment suitable to members' needs
- Provide current, safe and reliable Health & Wellness information to members
- Provide excellent customer service
- Cleaning and basic maintenance of fitness equipment
- Respond to emergency and first aid situations
- Assist in promotion of new programs/classes and events of facility
- Assist with gymnasium, multi-purpose room and special event set up if required
- Assist group exercise and program instructors with set up needs if required
- Complete administrative tasks as assigned

WORK TERM:

- Part-time position
- Variable shifts including evenings and weekends

QUALIFICATIONS/ SKILLS REQUIRED:

- Completed BKin Degree or Exercise Science Diploma (Required)
 - Current Standard First Aid/CPR/AED Certification
 - AFLCA/Can-Fit-Pro Certification in Group Exercise, Older Adult or Resistance Training would be an asset
 - CFC or PFLC Certification would be an asset
 - Administrative and mechanical experience would be an asset
 - Previous work experience in the fitness industry would be an asset
-

CLOSING DATE:

Open until a suitable candidate is found

**Interviews will commence immediately*

EMAIL:

work@westsiderec.com

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted. Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks. This position has been deemed to be safety sensitive and is subject to post-incident drug and alcohol testing.