

Fitness Consultant –Part-time

Who is Westside:

Westside Recreation Centre is a world-class facility based on a lifestyle and wellness concept. Since 2000, we have been providing families with a fun, healthy and affordable environment with world class activities, including a hockey and skating facility, fitness centre, gymnasium and an aquatic park.

Benefits of Being at Westside:

- Competitive wages & benefits
 - Use of Recreation Facility
 - Close proximity to West LRT line
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Position Description:

- Supervise and ensure proper use of all fitness equipment and area
- Provide excellent customer service
- Provide orientations to equipment suitable to members' needs
- Provide Youth Wellness Centre orientations
- Provide current, safe and reliable Health & Wellness information to members
- Conduct fitness appraisals (certification required)
- Light cleaning and basic maintenance of fitness equipment
- Respond to emergency and first aid situations
- Assist in promotion of new programs/classes and events of facility
- Assist with set up/clean-up of gymnasium, multi-purpose rooms and special events
- Assist group exercise and program instructors with set up needs if required

Work Term:

- Part-time positions available
- Evenings and weekends

Qualifications/Skills Required:

- Minimum of 2nd year BKin completed or Exercise Science Diploma (Certified Personal Trainer)
 - Current Standard First Aid/CPR/AED Certification
 - AFLCA/Can-Fit-Pro Certification in Group Exercise, Older Adult or Resistance Training would be an asset
 - CFC or PFLC Certification would be an asset
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Closing Date: *Open until a suitable candidate has been found*

Apply by email: work@westsiderec.com

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted. Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks. This position has been deemed to be safety sensitive and is subject to post-incident drug and alcohol testing.