

## **POSITION TITLE:** Group Cycling Instructor

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### **WHO IS WESTSIDE:**

Westside Recreation Centre is a world-class facility based on a lifestyle and wellness concept. Since 2000, we have been providing families with a fun, healthy and affordable environment with world class activities, including a hockey and skating facility, fitness centre, gymnasium and an aquatic park.

### **BENEFITS OF BEING AT WESTSIDE:**

- Competitive wages & benefits
  - Use of Recreation Facility
  - Close proximity to West LRT line
  - Scholarship Opportunities
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### **POSITION DESCRIPTION:**

- Actively instruct indoor cycle classes that guide our participants through a journey of mixed terrain.
- Provide technical coaching and instruction for skill development in regards to: pedal stroke, climbing skills, form, rpm's and bike fit.
- Plan and implement programs, prepare equipment, ensure cleanliness of studio after class usage.
- Promote health and wellness and assist in the development and promotion of new programs/classes and facility.

### **WORK TERM:**

- Variable Time Slots
- Employment is seasonal; contract basis, and consists of a 3-month probationary period

### **QUALIFICATIONS / SKILLS REQUIRED:**

- Candidates **must have at least 5 years of fitness instruction experience**
- Candidates must be at least 18 years of age
- Current group exercise leader certifications (AFLCA, ACE)
- Current Keiser certification or equivalent
- Current Standard First Aid/CPR/AED Certification
- Outdoor riding experience is considered an asset

*\*\*Copies of all certifications are required with submission of resume*

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**CLOSING DATE:** open until a suitable candidate is found

**TO APPLY, EMAIL YOUR RESUME TO:** [work@westsiderec.com](mailto:work@westsiderec.com)

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted. Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks.