



POSITION TITLE: Youth Wellness Fitness Instructor

BENEFITS OF BEING AT WESTSIDE:

- Competitive wages & benefits
- Use of Recreation Facility
- Close proximity to west LRT lines
- Scholarship Opportunities

POSITION DESCRIPTION:

This position will be responsible for the planning and implementation of a variety of youth fitness programs. An important aspect of the position is to create a welcoming atmosphere and a sense of community for all youth members.

- Instruct and lead a variety of different registered youth fitness classes
- Instruct youth on proper form and use of fitness equipment and technique
- Recruit and lead drop-in fitness classes
- Coordinate fun fitness challenges for youth (both spontaneous and pre-planned)
- Manage the safety of the Youth Wellness Centre and all participants
- Maintain cleanliness of youth area and equipment

WORK TERM:

- Part-time, evenings (Monday, Wednesday, Thursdays)
- Approx. 3-4 hours shifts

QUALIFICATIONS/ SKILLS REQUIRED:

- Minimum of 2nd year BKin completed or Exercise Science Diploma (Certified Personal Trainer)
- Current Standard First Aid/CPR/AED Certification
- Minimum of 1 year experience working and/or volunteering with youth between the ages of 10-17
- Excellent leadership skills
- Ability to comfortably interact and lead fitness programs
- Excellent communication and empathy with youth
- Fitness leader certifications (Canfit Pro, AFLCA)

CLOSING DATE: Open until a suitable candidate has been found

TO APPLY, EMAIL: work@westsiderec.com

We thank all applicants for their interest, however only those candidates to be interviewed will be contacted. Westside Regional Recreation Society believes in equal opportunities and is a non-smoking environment. All positions have a screening process that includes interviews, references, security, and employment history checks. This position has been deemed to be safety sensitive and is subject to post-incident drug and alcohol testing.